

The Dick Copithorne Memorial Run

Belgooly Annual 4 Mile Road Race

Dec. 26th St. Stephen's Day – 12noon, 2019

Belgooly Athletic Club promotion

Main Sponsor – Bandon Co-op

[Online Entry click here Fee: €12](#)

On The Day Entry Fee: €15

50% of the profits will be donated to the Bowel Cancer Treatment support fund at Cork University Hospital. In the case of race cancellation all entry fees will be donated to the race charity

Full course profile can be found [here](#)

Accurate measured Course

Open to all Athletes, Joggers, Fun-Runners & Walkers

A.A.I. Permit Granted

Entries and Changing Facilities in Belgooly GAA grounds

Prizes

First 5 men, First 3 men O/40, O/45, O/50, O/55, O/60, O/65, O/70, First Junior man

First 5 Ladies, First 3 Ladies O/35, O/40, O/45, O/50, O/55, O/60, First Junior Lady

First Wheelchair Athlete.

One prize per Athlete

More information on Belgooly AC website or Facebook page

For Health & Safety reasons no dogs, buggies or headphones allowed